

## STEP TWO

*`Carne to believe that a power greater than ourselves could restore us*

*to sanity: `*

1. Do I need to believe in a power greater than my own?

Why?

2. What, if anything, prevents me from believing in a power greater than myself?

3. How can I/did I find my Higher Power?

4. What attributes does my Higher Power have? How do they support me?

5. What does `came to believe' mean to me?

6. What does 'a power greater than ourselves' mean to me?

7. What does 'restore us to sanity' mean to me?

8. For today, what does sanity mean to me?

9. What was my image of a Higher Power before I came to SLAA?

10. How did/does my grandiosity and obsessive thinking manifest themselves in my life?

11. As a result of working Step Two, what new behaviors am I practicing? In what ways am I still suffering?